



Hemophilia News and Views

Fall Edition 2016

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Chapter News

Greetings! I am sure you are as happy as we are that we are finally enjoying cooler weather. Summer was the busiest the chapter has ever seen with 10 programs and events. Our Golf 4 the Kids Tournament, which was held in June, was a hot one and raised \$30,000 for programs and services, including camp! Thank you to all our sponsors and golfers!

In July we held two programs for the very first time. At our Couples Retreat, 15 couples participated in a day long workshop addressing issues specific to couples affected by bleeding disorders, as

well as issues that are common for all adults in an intimate relationship. The retreat received high marks from the participants and will be held again in 2017.

The second new event was our inaugural "Back to School" event. One hundred adults and children received information on how to best prepare and the steps necessary to help ensure a successful school year. All school aged children received a backpack filled with school supplies. Thank you to nurse Becki from the HTC of Nevada for providing the valuable

information!

The summer concluded with our Reno and Las Vegas Hemophilia Walks! Thank you to the over 400 walkers and runners who participated and helped raise \$62,000! We are starting to gear up for the Las Vegas Annual Education Meeting and Holiday party along with the Holiday parties in Elko and Reno. Keep a look out for the invitations.

Kelli and Anne

Annual Meeting & Holiday Celebration

Saturday, November 19th

12:30 pm – 6:30 pm

City of Henderson Convention Center

200 South Water Street

Henderson, NV 89015

We are in need of raffle items. If you can donate something toward the raffle please let us know. If you would like to solicit businesses you frequent, we can provide you with a request letter.

RSVP by November 8th



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If you have private insurance, you may be eligible for the \$0 Co-pay Program.

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- Enrollment can be completed in **one short phone call**

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8:00 AM- 8:00 PM (ET) Monday-Friday. Spanish-speaking Case Specialists are also available.

*The Free Trial Program is available to newly diagnosed patients and patients who are currently using other therapy. Participation in the Free Trial Program is limited to 1 time only. This program is complimentary and is not an obligation to purchase or use a Bayer product in the future. Reselling or billing any third party for the free product is prohibited by law.

†The Free Trial Program includes up to 6 free doses to a maximum of 5,000 IU for new patients and 40,000 IU for previously treated patients.

‡The program does not guarantee that patients will be successful in obtaining reimbursement. Support medication provided through Bayer's assistance programs is complimentary and is not contingent on future product purchases. Reselling or billing any third party for free product provided by Bayer's patient assistance programs is prohibited by law. Bayer reserves the right to determine eligibility, monitor participation, determine equitable distribution of product, and modify or discontinue the program at any time.

§People with private, commercial health insurance may receive co-pay or co-insurance assistance based on eligibility requirements. The program is on a first-come, first-served basis. Financial support is available for up to 12 months. Eligible patients can re-enroll for additional 12-month courses. The program is not for patients receiving prescription reimbursement under any federal-, state-, or government-funded insurance programs, or where prohibited by law. All people who meet these criteria are encouraged to apply. Bayer reserves the right to discontinue the program at any time.

Nevada Chapter of the National Hemophilia Foundation 2016-17 Program and Events Calendar

October 26, 2016

Dinner—Sponsored by Grifols
Las Vegas, NV

November 9, 2016

Education Dinner
Reno, NV

November 10, 2016

Color Me Mine Fundraiser
Henderson and Las Vegas

November 19, 2016

Annual Family Conference and Holiday Celebration
Henderson, NV

December 7, 2016

Holiday Celebration
Elko, NV

December 8, 2016

Holiday Celebration
Reno, NV

February 2017

Silent Auction and Wine Tasting Event
Tivoli Village—Las Vegas, NV

June 5, 2017

Golf for the Kids
Red Rock Country Club

June 13-17, 2017

Camp Independent Firefly
Big Bear, CA

July 21-23, 2017

Northern Nevada Family Weekend
Elko, NV

August 24-26, 2017

NHF Annual Meeting
Chicago, IL

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President
Tel: 310.291.7270



Antonio Rosas
Vice President
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Nuestros farmacistas son especializados en el tratamiento de Hemofilia y están disponibles para contestar sus preguntas 24 horas al día, 7 días por la semana.

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Obtenemos nuestro Factor de Coagulación exclusivamente de Centros de Distribución de clase Mundial. Siempre recibirá el producto que necesita, cuando lo necesite. Calidad e Integridad de su producto está garantizado.

Monitoreo de Cumplimiento de Normas y Programas de Adhesión

Nos mantenemos en contacto regular con usted para apoyar la adherencia a la terapia prescrita. Personal de la farmacia siempre confirmará la cantidad de medicamentos y suministros que usted tiene en la mano antes de programar su próximo envío.

Coordinación de Servicios de Enfermería

Pacientes con Hemofilia requieren coordinación y atención de alta calidad y apoyo. Vamos a coordinar los servicios de enfermería de salud a domicilio si es requerido por su médico.

Comprensión de los Beneficios De Seguro

Le ayudamos a comprender cómo obtener el máximo provecho de sus beneficios de seguro y reducir los costos de su propio bolsillo lo más bajo posible. Ofrecemos la confirmación inicial de cobertura, incluyendo beneficios de farmacia y médica.

Llene su receta hoy



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Stretch It Out

Simple movements provide daily benefits for people with bleeding disorders

By Matt McMillen | 07.15.2016

Stretching is a low-impact form of exercise that encourages movement, relieves stiff joints and supports recovery after a bleed.

"When you have a muscle bleed, you lose flexibility in that muscle. You need to stretch to get it back," says Heidi Lane, PT, DPT, PCS, a physical therapist at Intermountain Hemophilia and Thrombosis Center in Salt Lake City, Utah. Plus, stretching is a feel-good activity. "You feel more mobile, flexible, and free when you stretch."

Stretching also can help you return to activities that you may have given up. For example, if you no longer ride a bicycle because you can't bend your knee fully, a successful stretching program may help you regain enough range of motion to take a spin around the block again.

The basics and benefits

Stretching involves putting controlled, moderate pressure on your muscles and joints until you feel a slight tension. You then hold that position for about 20 to 30 seconds. "Don't bounce," says Lane. "Instead, gently hold it steady."

To understand how a stretch should feel, bend your index finger backward, says Cindy Bailey, PT, DPT, OCS, SCS, a physical therapist with the Orthopaedic Hemophilia Treatment Center at the Orthopaedic Institute for Children in Los Angeles. "There's discomfort, but it's not injurious," she says. "You want to feel that level of tension, but no more on your hamstring, shoulder or whatever you're stretching."

The key to a good stretch is to engage the muscle or joint until you reach the end of its range of motion. "The motion you have, you want to keep," says physical therapist Nancy Durben, PT, of the Mountain States Hemophilia Center at Oregon Health and Science University in Portland. When you stretch, you also promote joint health. Stretching through your full range of motion stimulates the production of synovial fluid inside the joint's lining. That fluid helps protect and preserve the shock-absorbing, friction-reducing cartilage found at the ends of your bones. "Synovial fluid is the grease for our joints," says Bailey. "Without it, cartilage starts to deteriorate."

Form matters

Before stretching, warm up. Do a few minutes of light aerobic exercise, such as a brief ride on a stationary bicycle. Your muscles will be a little more elastic, and that will allow them to stretch more easily. "It helps to get some blood flowing before you stretch," says Durben.

Stretching requires precise movements and proper form. If you stretch incorrectly, you risk muscle and joint injury, including strains, pulls, and bleeds. This is especially true if you have target joints. Before you start any new exercise, no matter how gentle it may be, talk with your physical therapist. "You need instructions on how to be safe when you stretch that joint so that you don't create a bleed," Bailey says.

Practice your stretching routine with your PT, who can correct any mistakes in form. A common error occurs when people try to stretch their hamstrings, Lane says. People sit on the floor with their legs stretched out in front of them. When they reach forward to touch their toes, they wrench their backs rather than engage their hamstrings. "You need proper technique and good alignment," says Lane. "That means keeping the back straight and bending forward at the hips."

Alternately, Lane suggests, lie on your back in front of an open doorway. Raise one leg and place your heel against the wall with your knee slightly bent. Rest your other leg on the floor and extend it through the doorframe as much as necessary. This allows you to keep one leg straight while you stretch the muscles in your other leg. Carefully straighten your raised leg until you feel slight tension. Hold that position for 20 to 30 seconds to stretch your hamstring, then switch legs. Work with your PT to be sure you do this correctly.

Your stretching program should be tailored to your needs and abilities, but should give your whole body a workout. That includes your leg muscles, hip flexors, arms, shoulders, abs and more. No matter what your routine, make stretching a daily practice. "It doesn't have to be difficult," Durben says. "Feed your muscles with movement every day and throughout the day."

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Gettin' in the Game

The Chapter had the opportunity to send 2 kids and a parent to CSL Behring's "Getting in the Game". Gettin' in the Game was developed by CSL Behring to help children with bleeding disorders exercise, play sports, and learn more about their disease state. The kids meet ath-



letes, who themselves have been diagnosed with bleeding disorders such as hemophilia and von Willebrand disease. These athletes hold clinics to help educate children and their families about the fundamentals of golf, baseball and swimming, and provide support to encourage participants to remain active as part of managing their condition.



"It was a great weekend, my son had a lot of fun and he hasn't stopped talking about it since we've been home. The experience is truly a once in a lifetime. He had the opportunity to perfect his skills in baseball while making new friends. The encouragement he was given and the sportsmanship he was taught will stay with him forever. The educational session for the parents was very informative and useful. Jonathan is hoping to have the chance to get to do Gettin' in The Game again soon! We thank CSL Behring for this opportunity. It was amazing."

-Lisa Cervantes



"Maddie was so grateful to be selected for CSL's Gettin' In The Game program for golf. Although a beginner golfer, Maddie learned so much with the teams and especially her new buddy Perry Parker. Friday started with golf lessons and then some game room time with other youth and finished off with a dinner and some fun activities. On Saturday, Maddie went to the golf competition and had her own caddie! She was partnered up with a young golfer, Quinn from Maine. The kids had a blast. After the golf competition, the kids had a little down time to play in the resort's pool and water park. Then there were kids "rap sessions" while adults went to some adult sessions as well. The night finished off with dinner, awards, a dance party and of course an ICE CREAM BUFFET! Maddie

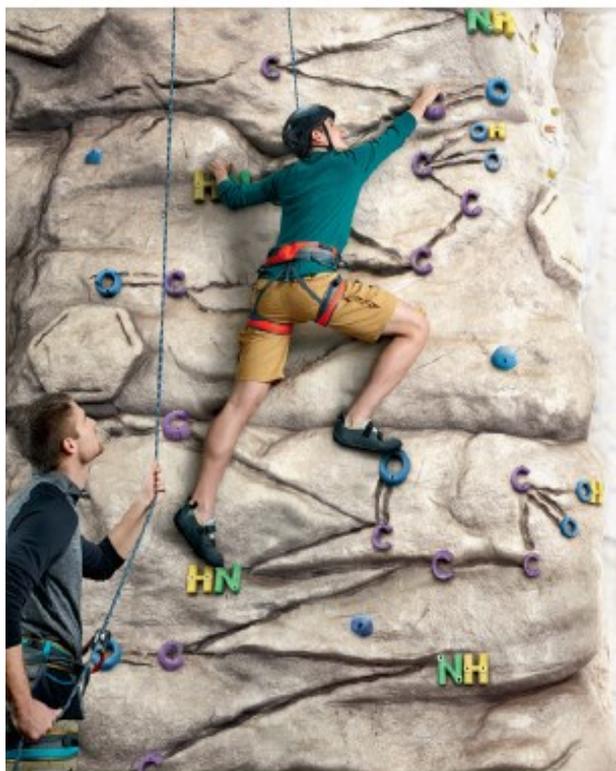
was so thrilled for such a wonderful weekend!

This program was a wonderful experience which really allowed Maddie to get involved with other youth with bleeding disorders and for parents to relax and learn some important things in session for people with bleeding disorders like: insurance and details about starting school. Thank you Nevada Chapter of NHF for selecting Maddie and thank you CSL for sponsoring such an amazing weekend!"

-Kelly Gonzalez



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Identical to natural Factor VIII once activated

Zero inhibitors observed—Low incidence of side effects in clinical trials

In clinical trials, dizziness and allergic reactions were the most common side effects.

Visit AFSTYLA.com to sign up for the latest news

*Annualized spontaneous bleeding rate in clinical trials (interquartile range [IQR])—0–2.4 for patients ≥12 years; 0–2.2 for patients <12 years.

Important Safety Information

AFSTYLA is used to treat and control bleeding episodes in people with hemophilia A. Used regularly (prophylaxis), AFSTYLA can reduce the number of bleeding episodes and the risk of joint damage due to bleeding. Your doctor might also give you AFSTYLA before surgical procedures.

AFSTYLA is administered by intravenous injection into the bloodstream, and can be self-administered or administered by a caregiver. Your healthcare provider or hemophilia treatment center will instruct you on how to do an infusion. Carefully follow prescriber instructions regarding dose and infusion schedule, which are based on your weight and the severity of your condition. Do not use AFSTYLA if you know you are allergic to any of its ingredients, or to hamster proteins. Tell your healthcare provider if you previously had an allergic reaction to any product containing Factor VIII (FVIII), or have been told you have inhibitors to FVIII, as AFSTYLA might not work for you. Inform your healthcare provider of all medical conditions and problems you have, as well as all medications you are taking.

Immediately stop treatment and contact your healthcare provider if you see signs of an allergic reaction, including a rash or hives, itching, tightness of chest or throat, difficulty breathing, lightheadedness, dizziness, nausea, or a decrease in blood pressure. Your body can make antibodies, called inhibitors, against FVIII, which could stop AFSTYLA from working properly. You might need to be tested for inhibitors from time to time. Contact your healthcare provider if bleeding does not stop after taking AFSTYLA. In clinical trials, dizziness and allergic reactions were the most common side effects. However, these are not the only side effects possible. Tell your healthcare provider about any side effect that bothers you or does not go away.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch, or call 1-800-FDA-1088.

Please see the following brief summary of full prescribing information on the adjacent page, and the full prescribing information, including patient product information, at AFSTYLA.com.

AFSTYLA is manufactured by CSL Behring GmbH and distributed by CSL Behring LLC. AFSTYLA® is a registered trademark of CSL Behring Recombinant Facility AG. Biotherapies for Life® is a registered trademark of CSL Behring LLC.

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AFSTYLA®
Antihemophilic Factor
(Recombinant), Single Chain

**AFSTYLA®, Antihemophilic Factor (Recombinant), Single Chain
For Intravenous Injection, Powder and Solvent for Injection
Initial U.S. Approval: 2016**

BRIEF SUMMARY OF PRESCRIBING INFORMATION

These highlights do not include all the information needed to use AFSTYLA safely and effectively. Please see full prescribing information for AFSTYLA, which has a section with information directed specifically to patients.

What is the most important information I need to know about AFSTYLA?

- Your healthcare provider or hemophilia treatment center will instruct you on how to do an infusion on your own.
- Carefully follow your healthcare provider's instructions regarding the dose and schedule for infusing this medicine.

What is AFSTYLA?

- AFSTYLA is a medicine used to replace clotting Factor VIII that is missing in patients with hemophilia A.
- Hemophilia A is an inherited bleeding disorder that prevents blood from clotting normally.
- Does not contain human plasma derived proteins or albumin.
- Your healthcare provider may give you this medicine when you have surgery.
- Is used to treat and control bleeding in all patients with hemophilia A.
- Can reduce the number of bleeding episodes when used regularly (prophylaxis) and reduce the risk of joint damage due to bleeding.
- Is not used to treat von Willebrand disease.

Who should not use AFSTYLA?

You should not use AFSTYLA if you:

- Have had a life-threatening allergic reaction to it in the past.
- Are allergic to its ingredients or to hamster proteins.

Tell your healthcare provider if you are pregnant or breastfeeding because AFSTYLA may not be right for you.

What should I tell my healthcare provider before using AFSTYLA?

Tell your healthcare provider if you:

- Have or have had any medical problems.
- Take any medicines, including prescription and non-prescription medicines, such as over-the-counter medicines, supplements or herbal remedies.
- Have any allergies, including allergies to hamster proteins.
- Have been told you have inhibitors to Factor VIII (because this medicine may not work for you).

How should I use AFSTYLA?

- Administer directly into the bloodstream.
- Use as ordered by your healthcare provider.
- You should be trained on how to do intravenous injections by your healthcare provider or hemophilia treatment center. Once trained, many patients with hemophilia A are able to inject this medicine by themselves or with the help of a family member.
- Your healthcare provider will tell you how much to use based on your weight, the severity of your hemophilia A, and where you are bleeding.
- You may need to have blood tests done after getting to be sure that your blood level of Factor VIII is high enough to clot your blood.
- Call your healthcare provider right away if your bleeding does not stop after taking this medicine.

What are the possible side effects of AFSTYLA?

- Allergic reactions may occur. Immediately stop treatment and call your healthcare provider right away if you get a rash or hives, itching, tightness of the chest or throat, difficulty breathing, light-headedness, dizziness, nausea, or decrease in blood pressure.
- Your body may form inhibitors to Factor VIII. An inhibitor is a part of the body's defense system. If you form inhibitors, it may stop this medicine from working properly. Your healthcare provider may need to test your blood for inhibitors from time to time.
- Common side effects are dizziness and allergic reactions.
- These are not the only side effects possible. Tell your healthcare provider about any side effect that bothers you or does not go away.

What else should I know about AFSTYLA?

- Medicines are sometimes prescribed for purposes other than those listed here. Do not use this medicine for a condition for which it is not prescribed. Do not share with other people, even if they have the same symptoms that you have.

Please see full prescribing information, including full FDA-approved patient labeling. For more information, visit www.AFSTYLA.com

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for:
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2016 Hemophilia Walk and 5K!

Thank you for your support!



Welcome Johnson to the Hemophilia Treatment Center

Johnson Shao has joined the Hemophilia Treatment Center as a Social Worker. "I am absolutely stunned to work alongside such skilled and compassionate efforts to help some of Nevada's most vulnerable patients, says Johnson. Prior to working at the Hemophilia Treatment of Nevada, I worked as a trauma social worker at UMC and Sunrise Hospital. Now, I am looking forward to working in an entirely different, yet joyfully special, capacity with the Hemophilia Treatment team and aspire to build upon the innumerable milestones my predecessors have achieved before me. Thank you."



HEMOPHILIA TREATMENT CENTER OF NEVADA

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 - ♦ Youth groups
 - ♦ School visits
 - ♦ Community educational events
 - ♦ Family retreats & summer camp
- ♦ Full time Nurse Practitioners
- ♦ Full time Social Worker
- ♦ Full time Physical Therapist
- ♦ Dental Assistance Program

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Jennifer Roberts, CPht
Patient Care Coordinator
340 B Compliance
702-732-1956

**340 B Contract Pharmacy
Factor Support Network**
Kelly Gonzalez
Regional Care Coordinator
702-858-2525



NYLI is Now Recruiting!

Tomorrow's leaders in the bleeding disorders community are being shaped today. That's why the National Hemophilia Foundation (NHF) recruits young adults each year for its **National Youth Leadership Institute (NYLI)**.

The three-year program builds individual and professional skills in three areas: advocacy, outreach and nonprofit development. As a part of NYLI, you will attend NHF's Annual Meetings, participate in Washington Days on Capitol Hill, and deliver educational workshops for teens and adults at the local level.

If you are 18-22 years old, have a bleeding disorder or a have sibling with one, and are looking for a unique leadership opportunity to effect change and positively influence others, now's your time to apply!

Applications are due by **Monday, October 31, 2016.**

Learn more about the NYLI Eligibility & Selection Process and apply today!
Go to www.hemophilia.org and search **NYLI**.

For more information, please contact Marlee Whetten, Education Specialist
212.328.3735 or mwhetten@hemophilia.org

If accepted, all expenses (e.g. travel, hotel, meals) for any NYLI event are covered and/or reimbursed by NHF.

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[Antihemophilic Factor
(Recombinant), Fc Fusion Protein]

it's **TIME**
for what
MATTERS
to you

The first Factor VIII
with a prolonged half-life

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— Kenny, a MyELOCTATE Peer™

Indications

ELOCTATE [Antihemophilic Factor (Recombinant), Fc Fusion Protein] is a recombinant DNA derived, antihemophilic factor indicated in adults and children with Hemophilia A (congenital Factor VIII deficiency) for: on-demand treatment and control of bleeding episodes, perioperative management of bleeding, and routine prophylaxis to reduce the frequency of bleeding episodes. ELOCTATE is not indicated for the treatment of von Willebrand disease.

Important Safety Information

Do not use ELOCTATE if you have had an allergic reaction to it in the past.

Tell your healthcare provider if you have or have had any medical problems, take any medicines, including prescription and non-prescription medicines, supplements, or herbal medicines, have any allergies, are breastfeeding, are pregnant or planning to become pregnant, or have been told you have inhibitors (antibodies) to Factor VIII.

Allergic reactions may occur with ELOCTATE. Call your healthcare provider or get emergency treatment right away if you have any of the following symptoms: difficulty breathing, chest tightness, swelling of the face, rash, or hives.

Your body can also make antibodies called, "inhibitors," against ELOCTATE, which may stop ELOCTATE from working properly.

The most frequently occurring side effects of ELOCTATE are headache, rash, joint pain, muscle pain and general discomfort. These are not all the possible side effects of ELOCTATE. Talk to your healthcare provider right away about any side effect that bothers you or that does not go away, and if bleeding is not controlled after using ELOCTATE.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/med-watch, or call 1-800-FDA-1088.

Please see Brief Summary of full Prescribing Information on the next page.

This information is not intended to replace discussions with your healthcare provider.

FDA-Approved Patient Labeling
Patient Information
ELOCTATE®/el' ok' tate /
[Antihemophilic Factor (Recombinant),
Fc Fusion Protein]

Please read this Patient Information carefully before using ELOCTATE and each time you get a refill, as there may be new information. This Patient Information does not take the place of talking with your healthcare provider about your medical condition or your treatment.

What is ELOCTATE?

ELOCTATE is an injectable medicine that is used to help control and prevent bleeding in people with Hemophilia A (congenital Factor VIII deficiency). Your healthcare provider may give you ELOCTATE when you have surgery.

Who should not use ELOCTATE?

You should not use ELOCTATE if you had an allergic reaction to it in the past.

What should I tell my healthcare provider before using ELOCTATE?

Talk to your healthcare provider about:

- Any medical problems that you have or had.
- All prescription and non-prescription medicines that you take, including over-the-counter medicines, supplements or herbal medicines.
- Pregnancy or if you are planning to become pregnant. It is not known if ELOCTATE may harm your unborn baby.
- Breastfeeding. It is not known if ELOCTATE passes into the milk and if it can harm your baby.

How should I use ELOCTATE?

You get ELOCTATE as an infusion into your vein. Your healthcare provider will instruct you on how to do infusions on your own, and may watch you give yourself the first dose of ELOCTATE.

Contact your healthcare provider right away if bleeding is not controlled after using ELOCTATE.

What are the possible side effects of ELOCTATE?

You can have an allergic reaction to ELOCTATE. Call your healthcare provider or emergency department right away if you have any of the following symptoms: difficulty breathing, chest tightness, swelling of the face, rash or hives.

Your body can also make antibodies called, "inhibitors," against ELOCTATE. This can stop ELOCTATE from working properly. Your healthcare provider may give you blood tests to check for inhibitors.

Common side effects of ELOCTATE are headache, rash, joint pain, muscle pain and general discomfort.

These are not the only possible side effects of ELOCTATE. Tell your healthcare provider about any side effect that bothers you or does not go away.

How should I store ELOCTATE?

- Keep ELOCTATE in its original package.
- Protect it from light.
- Do not freeze.
- Store refrigerated (2°C to 8°C or 36°F to 46°F) or at room temperature [not to exceed 30°C (86°F)], for up to six months.
- When storing at room temperature:
 - Note on the carton the date on which the product is removed from refrigeration.
 - Use the product before the end of this 6 month period or discard it.
 - Do not return the product to the refrigerator.

Do not use ELOCTATE after the expiration date printed on the vial or, if you removed it from the refrigerator, after the date that was noted on the carton, whichever is earlier.

After reconstitution (mixing with the diluent):

- Do not use ELOCTATE if the reconstituted solution is not clear to slightly opalescent and colorless.
- Use reconstituted product as soon as possible.
- You may store reconstituted solution at room temperature, not to exceed 30°C (86°F), for up to three hours. Protect the reconstituted product from direct sunlight. Discard any product not used within three hours.

What else should I know about ELOCTATE?

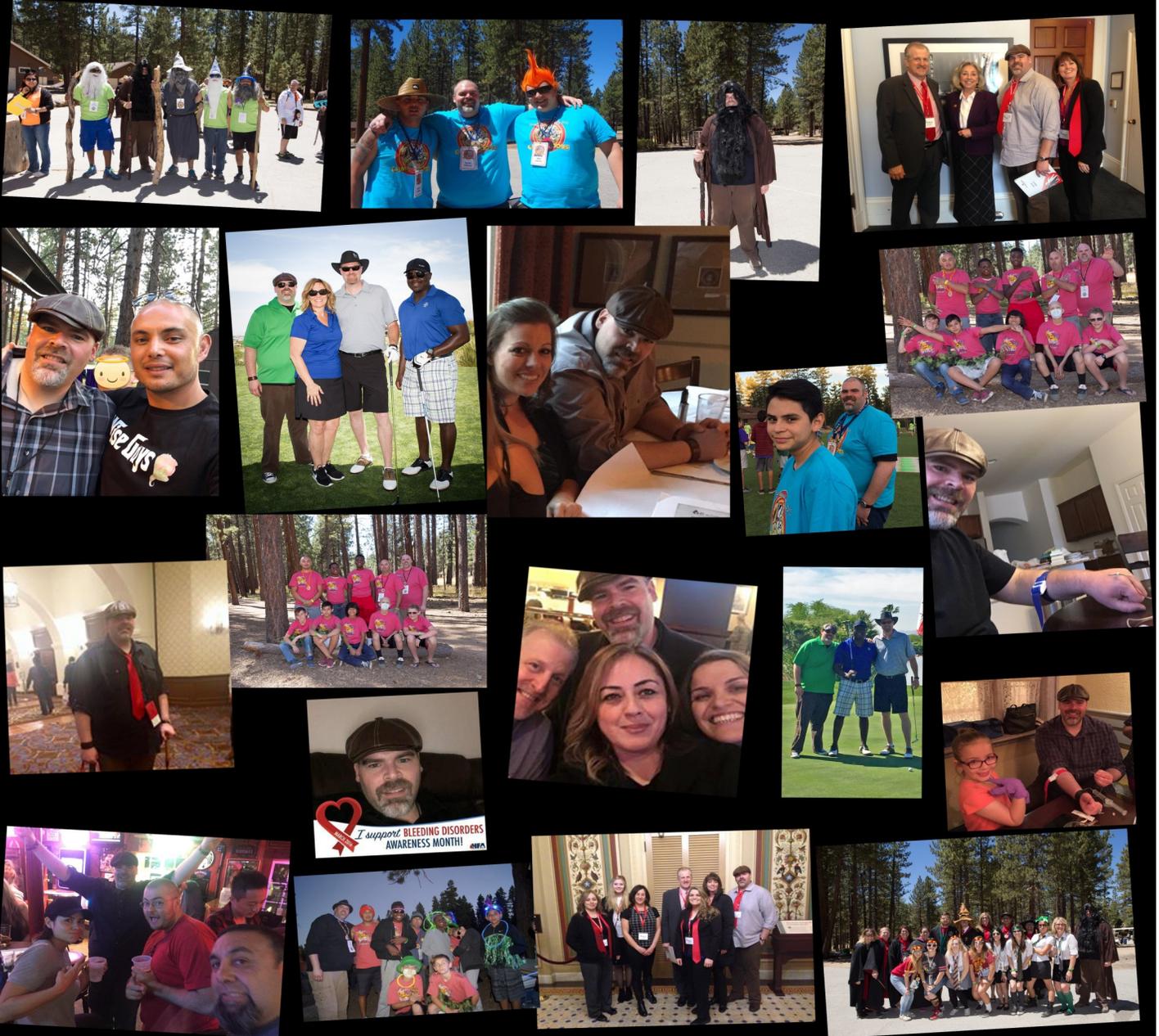
Medicines are sometimes prescribed for purposes other than those listed here. Do not use ELOCTATE for a condition for which it was not prescribed. Do not share ELOCTATE with other people, even if they have the same symptoms that you have.

44279-02

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ELOCTATE® is a registered trademark of Biogen.

What A Beautiful Difference One Single Life Made



We are saddened by the sudden loss of David Heath Ostrove on 10/08/16. David was an avid volunteer and advocate for the Nevada Bleeding Disorder Community. He will be greatly missed. Our condolences to his family.

Designed to prevent and control bleeds—
A factor VIII that helps prepare you to live actively

xyntha[®] solofuse[®]
Antihemophilic Factor (Recombinant)

DON'T WING IT

BRING IT

Visit **XYNTHA.com** and see if you're eligible to get a one-time, 1-month supply up to 20,000 IU at no cost.*

XYNTHA SOLOFUSE brings together all-in-one reconstitution and proven efficacy in a portable travel-ready kit.

What is XYNTHA?

XYNTHA[®] Antihemophilic Factor (Recombinant) is indicated in adults and children for the control and prevention of bleeding episodes in patients with hemophilia A (congenital factor VIII deficiency or classic hemophilia) and for the prevention of bleeding during surgery in patients with hemophilia A.

XYNTHA does not contain von Willebrand factor and, therefore, is not indicated for von Willebrand's disease.

Important Safety Information for XYNTHA

- Call your healthcare provider or go to the emergency department right away if you have any of the following symptoms because these may be signs of a serious allergic reaction: wheezing, difficulty breathing, chest tightness, turning blue (look at lips and gums), fast heartbeat, swelling of the face, faintness, rash, low blood pressure, or hives. XYNTHA contains trace amounts of hamster protein. You may develop an allergic reaction to these proteins. Tell your healthcare provider if you have had an allergic reaction to hamster protein.
- Call your healthcare provider right away if bleeding is not controlled after using XYNTHA; this may be a sign of an inhibitor, an antibody that may stop XYNTHA from working properly. Your healthcare provider may need to take blood tests to monitor for inhibitors.
- Across all clinical studies, the most common side effects (10% or more) with XYNTHA in adult and pediatric previously treated patients (PTPs) were headache (26% of subjects), joint pain (25%), fever (21%), and cough (11%). Other side effects reported in 5% or more of patients were: diarrhea, vomiting, weakness, and nausea.



- XYNTHA is an injectable medicine administered by intravenous (IV) infusion. You may experience local irritation when infusing XYNTHA after reconstitution in XYNTHA[®] SOLOFUSE[®].

Please see brief summary of full Prescribing Information for XYNTHA and XYNTHA SOLOFUSE on the next page.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch, or call 1-800-FDA-1088.

Consolidated support with Pfizer Hemophilia Connect

- One number with access to all of Pfizer Hemophilia's financial resources and support programs
- Get matched with the financial support programs that best fit your needs
- Learn about community support resources and materials like HemMobile™, Patient Affairs Liaisons, and the CNE series*



Contact Pfizer Hemophilia Connect at **1.844.989.HEMO (4366)**

*You must be currently covered by a private (commercial) insurance plan. If you are not eligible for the trial prescription program, you may find help accessing Pfizer medicines by contacting Pfizer's RxPathways program. For questions about the XYNTHA Trial Prescription Program, please call 1-800-710-1379 or write us at XYNTHA Trial Prescription Program administrator, MedVanix, PO Box 5736, Sioux Falls, SD 57117-5736.

* Eligibility may be required to participate.



Antihemophilic Factor (Recombinant)



Antihemophilic Factor (Recombinant)

R_x only

Brief Summary

See package insert for full Prescribing Information, including patient labeling. For further product information and current patient labeling, please visit XYNTHA.com or call Pfizer Inc toll-free at 1-800-879-3477.

Please read this Patient Information carefully before using XYNTHA and each time you get a refill. There may be new information. This leaflet does not take the place of talking with your healthcare provider about your medical problems or your treatment.

What is XYNTHA?

XYNTHA is an injectable medicine that is used to help control and prevent bleeding in people with hemophilia A. Hemophilia A is also called classic hemophilia. Your healthcare provider may give you XYNTHA when you have surgery.

XYNTHA is not used to treat von Willebrand's disease.

What should I tell my healthcare provider before using XYNTHA?

Tell your healthcare provider about all your medical conditions, including if you:

- have any allergies, including allergies to hamsters,
- are pregnant or planning to become pregnant. It is not known if XYNTHA may harm your unborn baby,
- are breastfeeding. It is not known if XYNTHA passes into your milk and if it can harm your baby.

Tell your healthcare provider and pharmacist about all of the medicines you take, including all prescription and non-prescription medicines, such as over-the-counter medicines, supplements, or herbal remedies.

How should I infuse XYNTHA?

Step-by-step instructions for infusing with XYNTHA are provided at the end of the complete Patient Information leaflet. The steps listed below are general guidelines for using XYNTHA. Always follow any specific instructions from your healthcare provider. If you are unsure of the procedures, please call your healthcare provider before using.

Call your healthcare provider right away if bleeding is not controlled after using XYNTHA. Your body can also make antibodies against XYNTHA (called "inhibitors") that may stop XYNTHA from working properly. Your healthcare provider may need to take blood tests from time to time to monitor for inhibitors.

Call your healthcare provider right away if you take more than the dose you should take.

Talk to your healthcare provider before traveling. Plan to bring enough XYNTHA for your treatment during this time.

What are the possible side effects of XYNTHA?

Call your healthcare provider or go to the emergency department right away if you have any of the following symptoms because these may be signs of a serious allergic reaction:

- wheezing
- difficulty breathing
- chest tightness
- turning blue (look at lips and gums)
- fast heartbeat
- swelling of the face
- faintness
- rash
- hives

Common side effects of XYNTHA are

- headache
- fever
- nausea
- vomiting
- diarrhea
- weakness

Talk to your healthcare provider about any side effect that bothers you or that does not go away. You may report side effects to FDA at 1-800-FDA-1088.

How should I store XYNTHA?

Do not freeze.

Protect from light.

XYNTHA Vials

Store XYNTHA in the refrigerator at 36° to 46°F (2° to 8°C). Store the diluent syringe at 36° to 77°F (2° to 25°C).

XYNTHA can last at room temperature (below 77°F) for up to 3 months. If you store XYNTHA at room temperature, carefully write down the date you put XYNTHA at room temperature, so you will know when to either put it back in the refrigerator, use it immediately, or throw it away. There is a space on the carton for you to write the date.

If stored at room temperature, XYNTHA can be returned one time to the refrigerator until the expiration date. Do not store at room temperature and return it to the refrigerator more than once. Throw away any unused XYNTHA after the expiration date.

Infuse XYNTHA within 3 hours of reconstitution. You can keep the reconstituted solution at room temperature before infusion, but if you have not used it in 3 hours, throw it away.

Do not use reconstituted XYNTHA if it is not clear to slightly opalescent and colorless.

Dispose of all materials, whether reconstituted or not, in an appropriate medical waste container.

XYNTHA SOLOFUSE

Store in the refrigerator at 36° to 46°F (2° to 8°C).

XYNTHA SOLOFUSE can last at room temperature (below 77°F) for up to 3 months. If you store XYNTHA SOLOFUSE at room temperature, carefully write down the date you put XYNTHA SOLOFUSE at room temperature, so you will know when to throw it away. There is a space on the carton for you to write the date.

Throw away any unused XYNTHA SOLOFUSE after the expiration date.

Infuse within 3 hours after reconstitution or after removal of the grey rubber tip cap from the prefilled dual-chamber syringe. You can keep the reconstituted solution at room temperature before infusion, but if it is not used in 3 hours, throw it away.

Do not use reconstituted XYNTHA if it is not clear to slightly opalescent and colorless.

Dispose of all materials, whether reconstituted or not, in an appropriate medical waste container.

What else should I know about XYNTHA?

Medicines are sometimes prescribed for purposes other than those listed here. Talk to your healthcare provider if you have any concerns. You can ask your healthcare provider for information about XYNTHA that was written for healthcare professionals.

Do not share XYNTHA with other people, even if they have the same symptoms that you have.

This brief summary is based on the Xyntha® [Antihemophilic Factor (Recombinant)] Prescribing Information LAB-0516-5.0, revised 10/14, and LAB-0500-9.0, revised 10/14.



Specialty pharmacy. Experienced care.

As one of the nation's leading providers of specialty pharmaceuticals, we understand it can be difficult to cope with a chronic or complex condition. That's why our dedicated therapy teams work diligently to coordinate solutions for the challenges our patients face.

Whether teaching a patient how to administer therapy or providing side effects counseling, we're people who know specialty therapies. That's the Accredo difference.

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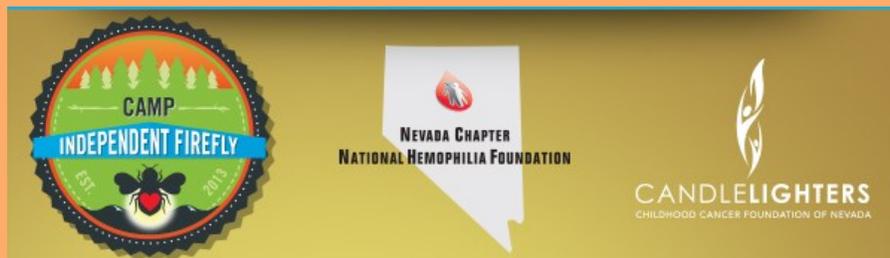


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Camp Independent Firefly 2017 Save the Date!

Camp Independent Firefly will be moving from August to
June 13 – 17, 2017!

The camp committee has already started planning is excited to announce next year's theme, "**Lights, Camera, Action.**"



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The Nevada Chapter of the National Hemophilia Foundation is dedicated to improving the quality of care and life for people with hemophilia, von Willebrand disease, and other inherited bleeding disorders through education, peer support, and advocacy.

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Do you shop at Smith's Grocery Store?

Smith's Food & Drug has a new **Smith's Community Rewards** program that lets customers select the charities Smith's will donate to, based on dollars they spend in stores. Please link your Smith's Rewards Card to our unique Community Rewards number **48291**. Once linked, every time you swipe your Smith's Rewards Card or enter your phone number, the Nevada Chapter of the National Hemophilia Foundation will receive a quarterly donation from Smith's based on the dollars spent.

There is no cost to enroll, and enrollment will not affect your fuel points or coupon discounts.

To Enroll in the Smith's Community Rewards program go to:

www.smithsfoodanddrug.com

Sign In if you already have an account; otherwise click **Register** and create an account.

After you are logged in, click on **My Account** (top right corner).

Scroll to the bottom where it says **Community Rewards**.

Add our Community Rewards # : **48291**

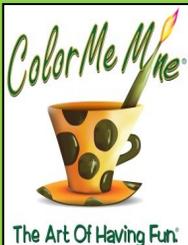
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Painting for the Holidays Fundraiser!

Get a Head Start on your Holiday Gifts!

Thursday, November 10th

5:45pm – 8:45pm

Join us at COLOR ME MINE to make one of a kind gifts! You Pick It! You Paint It! We Fire It and (about 5 – 7 days later) You Take It! **Invite your friends and neighbors!**

50% of proceeds will support **NHF Nevada** to help provide holiday gifts for our kids!

Event will be held at both Color Me Mine Locations:

The District in Green Valley Ranch
2255 Village Walk Drive #13
Henderson, NV 89052

Village Square
9350 W. Sahara Ave, # 120
Las Vegas, NV 89117

To RSVP: amcguire@hemophilia.org or 702-564-4368